

PACKING FOR YOUR VACATION

Every traveler's itinerary is different. Use the weather report & any scheduled events or activities to help guide your packing.

TOILETRIES

- Medication and medical supplies
(vitamins, pain reliever, first aid kit, etc.)
- Hand sanitizer (80% to 95% alcohol recommended)
- Sunscreen, lip balm, after-sun skin care
- Bug repellent, anti-itch cream or hydrocortisone cream
- Oral care
- Facial and body care
- Eye care
- Hair care
- Feminine care
- Cosmetics

DOCUMENTS AND INFORMATION

- Vaccination Card
- Passport and visa
- Wallet (ID, health insurance, credit cards, cash, international currency, etc.)
- Boarding passes and confirmation numbers
- Emergency contact information
(family, doctors, travel insurance, etc.)
- Copies of all prescriptions, vaccination certifications
- Itinerary

TECHNOLOGY

- Smart device (phone, tablet), charging cords, etc.
- International travel power adapter
- Camera, batteries, memory cards, etc.
- Noise cancelling headphones or wireless ear buds

ACCESSORIES AND MISCELLANEOUS

- Mask
- Packable, windproof umbrella
- Sunglasses and hat
- Extra duffel bag
- Binoculars
- Insulated bottle
- Beach tote or waterproof bag
- Beach towels
- Beach or pool gear, toys, etc.

EVERY DAY WEAR

- Undergarments, pajamas, socks
- Shorts and / or pants
- Tops
- Sundress
- Sweater and / or jacket
- Athleisure / exercise wear
- Swimsuit, coverup
- Flip flops, sandals or water shoes
- Casual or athletic shoes

EVENING ATTIRE

- Upscale attire (dress, skirt, blouse, slacks, collared shirts)
- Matching accessories
(tie, purse, jewelry)
- Dress shoes
- Blazer or sweater

OTHERS

Example of other special items you might need for a trip to Alaska or cold-weather destination.

- Hiking gear / apparel, boots
- Waterproof / windproof jacket or winter coat
- Gloves, scarves, fleece apparel
- Hand and toe warmers

CUSTOMIZABLE LIST

Refer to your itinerary for any additional items you may need to bring and use this space to customize your list.

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TIPS

- Packing cubes will help you fit more in your carry-on suitcase and keeps items organized.
- Make smart fabric choices for your wardrobe such as wrinkle-resistant fabrics and quick dry fabrics, if you plan on hand washing. Lightweight performance fabrics, merino wool dry or synthetics dry quicker than cotton.
- For safekeeping, consider money belts & anti-theft travel accessories with hidden, zippered pockets and RFID technology.
- For sunny destinations, consider sun protection clothing and accessories. Look for an Ultraviolet Protection Factor (UPF) rating of 40 or above.
- If traveling by air, follow all airline regulations for liquid size requirements, restricted items, checked bag size regulations, and more. Check with your airline for more information.